

BALLINAMORE PARISH NEWSLETTER

7th February 2016 (5th Sunday O.T) [Temperance Sunday]

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Ballinamore Masses : Mon 7pm, Tue 9am, Wed 7:30am & 11:00, Thurs 7:30am & 7pm Fri 9am, Sat 11am & 7pm **Vigil Sun.11.30am.** **Aughnasheelin Masses:** Tues.7.30pm Wed 8pm , Fri 8pm Sun. 10am.

Mass intentions for the week:

Sat 6 th Feb 10:30	Canon Michéal Kelly, Church Street
Sat 6 th Feb 7pm	John & Bridie Milton, Aghadark. Willie & Kate Sweeney, Drumnamore Tommy Clyne, Lahard
Sun 7 th Feb 11:30	People of the Parish
Wed 10 th Feb 7:30am	Blessing & Distribution of Ashes
Wed 10 th 11:30am	Blessing & Distribution of Ashes
Thurs 11 th Feb 7:30	Tom Joe & Annie Creamer, Cornawall
Sat 13 th Feb 7pm	Hugh & Mary Flynn, Drumeenawn Michael & Mary O'Connell (Aughoo), Pat O'Connell (Killadough) & Raymond O'Connell
Sun 14 th Feb 11:30	Special Intentions

Recent Deaths We pray for the souls of Aidan McTeigue, Moher whose funeral took place in St. Mary's Church Aughnasheelin on Saturday & Frank McGinn formerly of Church St & Ballyconnell whose funeral took place in Ballyconnell on Friday. Our sympathy to their families.

Confessions: Sat after 11am also before and after Sat 7pm mass , anytime on request.

Altar Servers

Team 1 Sun 7 th & Sat 13 th Feb	Seamus Wisley, Caillian Murphy, Danny O'Brien, Eoin Connaughton
Team 2 Sun 14 th Feb & Sat 20 th	Ruth Creamer, Aoife D'Arcy, Megan McGovern, Niamh Donohoe, Isobel McAllister, Alannah McBrien

Door Collectors

Sat 13th & Sun 14th Feb Seamus McTague, Michael Gillen, PJ Duignan, Eugene Maxwell

Ministers of the Word

Sat 12th Feb 7pm Sharon Sweeney

Sun 13th Feb 11:30 Ann Gillen

Eucharistic Ministers

Sat 13th Feb 7pm Mona Creamer, Liam McGovern, Marie O'Reilly

Sun 14th Feb 11:30 Paddy O'Connor, Thomas Kelly, Gerard McCartin

Church Notes

Season of Lent begins with Ash Wednesday, the 10th February. The primary purpose of Lent is a season of preparation for Easter when we celebrate the Lords Passion, Death & Resurrection.

The tradition of fasting or abstaining from certain foods & drinks, supporting the needy through alms giving, more time to family or personal prayers, attending mass more frequently or doing the Stations of the Cross during Lent, still holds true. This is a precious time which offers us a great opportunity to grow in our relationship with our God.

Ash Wednesday : Ashes will be blessed & distributed at all masses. Visitation to schools by arrangement.

Mass Times : Ballinamore : 7:30am & 11am **Aughnasheelin :** 8pm

Stations of the Cross: One of the great traditions of Lent is "Doing the Stations of the Cross" daily or having Sunday evening Lent devotions. This Lent it is planned to have the Stations of the Cross each Sunday at 7pm in Ballinamore Church. Our hope is that a different organization will lead the stations each Sunday. If your organisation is willing to become involved please contact any member of the Parish Pastoral Council.

The Garment of Suffering

Each of us has some suffering or hurt in our lives, sometimes dating back from the past. The "Garment of Suffering" symbolises the hurt contained in our lives and community. During Lent we ask that you bring a piece of cloth (any Colour) about 6 inches square & leave it in the labelled box at back of church. Your piece of cloth can represent for example grief over death or separation or the pain of sickness, the pain of doing wrong to others or having it done to you. During Lent and holy week the cloths will be all sewn together onto one complete garment. On Good Friday the garment will be draped over the Cross where Christ suffered for us bearing our sin and pain. During Lent and Easter we will pray to be healed. What is unique about this ritual is that you will be able to recognise your own piece of cloth, your own grief and suffering and yet understand that so many others share similar worries.

Looking for something new and worthwhile to do this Lent. Why not try "Life in the Spirit Seminars" which will continue every Tuesday beginning with Mass at 7.30pm in St. Marys Church Aughnasheelin.

World Day Of Prayer for the Sick: Next Thursday is the feast of Our Lady of Lourdes which is a special day of prayer for the Sick. A mass will be celebrated at 7pm in Ballinamore church for the sick of the parish. Those who are in need may receive the sacrament of the sick and carers and nurses may have their hands blessed.

Turning Our Hearts To The Lord - Lenten Scripture Reflection Group begins on Thursday evening at 7:30p.m. in the Diocesan Pastoral Centre in Cavan and then continues every Wednesday evening during Lent for about 45 minutes. Each evening, there will be prayer, a reading of the Sunday Gospel and a commentary on it, reflecting on its connection with life today and praying for the intentions of group members. All welcome.

Feast of St Valentine: The feast of St. Valentine falls on next Sunday. Special prayers for couples will be recited at the weekend masses and receive a blessing

Church Gate Collection The Church gate collection for Ballinamore Heartsafe will be held on Sat 13th and Sun 14th of Feb. Your support, as always, would be greatly appreciated

Are you supporting someone close through a difficult time? Free listening support for Carers, Relatives or Friends who support people going through mental health issues. Carers Liaison and Support Service (CLASS) provides free support through a team of trained volunteers who may have been through similar experience. The support is provided on a one to one basis in a safe, neutral and confidential environment. Areas we cover are Sligo, Leitrim and South Donegal. If you would like to receive support, please contact Family Carers Ireland at 071 9143123 or 087 8188716 for more information.

Pioneer Lenten Challenge! Many people abstain from alcohol and take the Short-Term Pledge for the duration of Lent. Make your Lenten pledge by visiting www.pioneerassociation.ie and joining online or by contacting your local Pioneer centre representative. Take this opportunity to help someone you know/love with an alcohol or drug problem by offering up your Lenten sacrifice as a prayer for their freedom and well-being. Go for it and make a difference to someone's life!

Volunteering Opportunities in Africa Vincentian Lay Missionaries (VLM) . We send volunteers to Ethiopia and Ghana to support the work of the Daughters of Charity and the Vincentian Fathers. Currently we are recruiting volunteers for our English language summer programmes for four weeks this July. We also recruit volunteers for year-round placements who can work on project management and funding report writing. Perhaps you may know some people who are interested? website <http://www.vlm.ie/recruiting-now/>

"Beautiful Journey" CD Update: Kathryn Johnstone, representative for the Bone Marrow for Leukaemia Trust, paid a return visit to Ballinamore on Thursday last, 28th January, where she accepted a cheque for €8200.55, the total amount raised from my CD launch 30th Nov 2015. I am so grateful to all of you for purchasing my CD and for your support and donations. Buiochas go leir. Breege Megahey.

Aughawillan Drama Troupe is proud to present "Mother Knows Best" a comedy by Jimmy Keary and directed by Brian Dolan in Aughawillan Hall, Co Leitrim. The smash hit three act comedy will be for four nights the 11th, 12th, 13th and 14th of February commencing at 8.30 sharp each night. There is no need to book and admission is €10.00. Please turn up early to avoid disappointment. Listen out for Aughawillan Drama on the community notices Shannon Side Northern Sound and like us on facebook at Aughawillan Drama.

ATHLETIC CLUB The Leitrim AAI Indoor Athletics Championships are being held in Ballinamore Sports Hall on this Sunday (February 7th) afternoon commencing 1.30 p.m. There are suitable Indoor events for Under 9,10,11,12 and 14 categories all competitors are welcome.

Ballinamore Musical Society are in the final stages of production of an *original* musical dramatisation of the events leading up to and during the Rising entitled 'Erin go Bragh' This production is due to start on Friday February 19th and continues on Sunday 21st, Wednesday 24th Thursday 25th Friday 26th, Saturday 27th.

If anyone would like to be associated with our production by way of sponsorship/ raffle prizes, please contact any member of the committee c/o John [087 6687299](tel:0876687299)

Cavan and Monaghan ETB are running an Outdoor Activity Instructor Traineeship in September 2016. The course is open to anyone over 18 years of age and has an interest in outdoor pursuits. Modules include: Career planning and Job seeking skills, Child welfare and Protection in sport, Mountain Skills, Outdoor Activity Instructor work placement, Power boat operations, Remote emergency care Level 3 (First Aid), Research project, Rock climbing skills and Paddle sports skills. For more information log onto http://tanaghoutdoorededucation.com/skills_training or email siobhanmulleary@cmetb.ie

Béal an Átha Móir Seán Ó hEislin: Registration Night Folks, membership of Ballinamore Seán Ó hEislin's is now open for 2016. The prices are; family members €80; adult single €35; under 18 €20.

The club house will be open from 7pm till 9pm this Saturday 6th Feb for those of you that would like to register during this time, alternatively please contact Walter Sharpley on 086 123 6207 or Ronan O'Rourke on 087 773 4332 to make payment.

St. Brigid's Conference Ballinamore would like to thank each and everyone who contributed so generously to our annual Christmas Church gate collection. We thank the people of Corraleehan, Aughawillan, Drumreilly, Aughnasheelin, Fenagh and Ballinamore and all who helped out in whatever way. The total monies collected was 6520Euro .

We would also like to thank ; Principal and staff of Ballinamore Community School who raised 236Euro. Staff of Supervalu and Tesco Ballinamore who collected and supplied SVDP with clothes, food, and toys.

A special thank you to the Lions Club Ck ON Shannon who organised the "Lions Club Food Appeal" in Tesco. The food donated was given to Saint Vincent de Paul for distribution in the Ballinamore and surrounding area. Finally to the people who wish to remain anonymous who gave donations, money hampers, clothes books and household items for distribution we say thank you for your generosity and kindness.

If you have a concern and would like to talk us, do not hesitate to call. S.V.D.P. confidential mobile 087-9360562

A Pancake night will be held in Templeport Resource Centre on Tuesday 9th February. Music by Country Sensations. Pancakes will be served from 8.30 to 9.30pm Band will play from 9.30pm till midnight. Proceeds in aid of Day Centre. Please support.

Dates for your Diary:	Ash Wednesday: Feb 10th:	Easter Sunday: March 27th
First Confession	Ballinamore Schools: Thurs.Feb 25 th at 7pm in St.Patrick's Church.	
	Aughnasheelin School: Thurs.March 3 rd At 7pm in St.Mary's Church	
First Communion:	Ballinamore Schools: Sat May 7 th at 11am in St.Patrick's Church.	
	Aughnasheelin School: Sun. April 24 th at 10am in St.Mary's Church	
Confirmation:	Sat May 21 st at 12 MD in St.Patrick's Church Ballinamore for Oughteragh and Corlough Parishes.	

Please collect your Trocaire Box in Church Porch.